



Topic	Page
Introduction and trip objectives	2
Proposed itinerary & flight information	3
Elite Coaching Staff	4
Athens	5
Thessaloniki	6
Payment & Trip Information	7
Registration & Application*	8
Code of conduct agreement*	9
Travel authorization*	10
Athlete information sheet*	11
Waiver of liability & hold harmless agreement*	12
Submit copy of health insurance card*	N/A
Submit copy of passport*	N/A

Neil Hueston – Director – Elite Polo & Elite Global
 Date: January 14, 2009

* Sign and send to Neil Hueston

INTRODUCTION & TRIP OBJECTIVES

The Elite Global Mission

To bring the ultimate international water polo experience to 16 US water polo players. Elite Global allows each camper to participate and learn underneath our best NCAA Division I coaches while simultaneously playing in one of the world's most advanced water polo countries.

Our Objectives

- We want you to have a unique experience and gain stronger water polo skills by offering players the exposure to an international environment that is not readily available in the US.
- It is our goal to help student-athletes develop comprehensively as water polo players and as people.
- Finally, to provide our players with an understanding and appreciation for another culture.

Trip Summary

- Our group will travel to Athens, Greece leaving JFK on Sunday, August 8th and returning on Tuesday, August 17th.
- Our main destinations will be Athens and Thessaloniki, Greece.
- You will have the opportunity to practice with at least 5 different groups and of course be under the direction of the best coaches from the United States.

Additional Information

- Each day will have both a morning and an afternoon/evening practice. Each practice will last between 1.5 and 2 hours.
- All meals are together with the team and at the hotel restaurant, unless otherwise noted.

ITINERARY & FLIGHT INFORMATION

Day 1: August 8, Saturday – DEPART JFK at 7.35 PM on Swiss Airways (check in at 4 PM)

Day 2: August 9, Sunday – ARRIVE IN ATHENS at 3.05 PM

- Team picked up by private bus
- Hotel check-in, currency change, find phone cards, ATMs, grocery store, pharmacy and internet cafe
- Evening workout session – Elite Global Team only

Day 3: August 10, Monday – ATHENS

- Morning practice – Elite Global Team only
- Sightseeing – The Plaka and Syntagma Square
- Evening training and scrimmage with Athens team

Day 4: August 11, Tuesday – ATHENS

- Morning training with Athens team
- Sightseeing – The Acropolis and The Parthenon
- Evening training with Athens team

Day 5: August 12, Wednesday – ATHENS/THESSALONIKI

- Train ride to Thessaloniki arriving at 12 noon
- 2 PM scrimmage with Paok
- Afternoon on the beach
- Evening scrimmage with Aris

Day 6: August 13, Thursday - THESSALONIKI

- Morning training with Iraklis
- Sightseeing – White Tower of Thessaloniki, Arch & Tomb of Galerius
- Afternoon training with Paok

Day 7: August 14, Friday - THESSALONIKI

- Morning training with Aris
- Sightseeing – Church of Aghios Demetries, Aristotelous Square
- Evening training with Iraklis

Day 8: August 15, Saturday – THESSALONIKI/ATHENS

- Morning training with Paok
- Sightseeing – Byzantine Walls, Kyvernion Palace
- Afternoon training with Aris
- Evening train back to Athens, hotel check in

Day 9: August 16, Sunday – ATHENS

- Full day of sightseeing TBD by coaches and players

Day 10: August 17, Monday - DEPART ATHENS at 6.40 AM on Swiss Airways

- Flight arrives at JFK at 12.35 PM on the SAME DAY

ELITE GLOBAL COACHING STAFF



JOHN ABDOU
HEAD COACH, BUCKNELL BISON
2008 CWPA COACH OF THE YEAR

John Abdou, who previously served in the role of interim head coach for five months, was named the head men's and women's water polo coach at Bucknell in June 2008. Abdou, a 2001 graduate of the University of California at Irvine, is a three-year member of the Bison men's and women's water polo coaching staff, serving as an assistant coach, associate head coach and interim head coach over that span.

On the men's side, Abdou helped guide the Bison to a 20-13 record in 2007, its first 20-win campaign since 2001. Bucknell finished the season ranked 19th nationally, marking the second time in Abdou's three years on the sidelines that it was ranked at the conclusion of a season. Additionally, the men's program has finished in the top five at the Eastern Championships all three years Abdou has been associated with the program.

Abdou, the 2008 Collegiate Water Polo Association Southern Division Coach of the Year, performed admirably in his stint as interim head coach of the women's program this past spring when he led the squad to a program-record 26 victories and a sixth-place showing at the Eastern Championship. Bucknell was nationally ranked for six weeks during the season, climbing as high as No. 19 in the polls, the best ranking in the decade-long existence of the program.

Recently, Abdou organized and conducted district tryouts for United States Water Polo as the Wilshire District boys cadet coach. He also worked with United States Water Polo as the C.C. Zone girls' youth assistant coach. Abdou, who serves the U.S. Water Polo Northeast zone as a coach in several capacities, played for the U.S. Junior National Team during his freshman year at UC Irvine.



SAM BAILEY
ASST. COACH, UCLA BRUINS, 2006-2008
HEAD ASST. COACH, STANFORD CARDINAL, 2004-2005
3-TIME NCAA CHAMPION

Sam Bailey has completed his second season as an assistant coach on the UCLA water polo coaching staff. Bailey, who also served as an assistant with the women's water polo team, returned to his alma mater in the fall of 2006 after having been a part of two NCAA championship teams (1996, 1999) while at UCLA.

Bailey served as head assistant coach of the Stanford men's water polo staff from 2004 to 2005. The former Bruin was the head coach of the boys' water polo team at Corona del Mar High School in 2004, when he earned CIF Coach of the Year honors. While at Corona del Mar, current UCLA assistant coach and former UCLA teammate Matt Flesher worked with Bailey as an assistant coach.

Bailey graduated from UCLA in 2000 with a degree in geography. He was born and raised in San Clemente, Calif.

ATHENS, GREECE

Athens is the beautiful and historical capitol of Greece. Athens is situated in the prefecture of Attica and extends to the peninsula that reaches up to Central Greece. It is surrounded by mountains Ymmytos, Pendeli and Parnitha, northwards and eastwards, and the Saronic Gulf southwards and westwards. The sun is shining over Athens all year round. Athens is also the home to some of the most breathtaking and famous landmarks in the world. It is most well known for the Acropolis. The Holy Rock of Acropolis dates back to the 5th BC, the famous Golden Age of Periklis. Standing up there, on the sacred rock as the Greeks call it, you can practically feel the magnificence of ancient Greece.



In addition to the wonderful historical sites, there are several beautiful beaches at the Athens Riviera. The most popular ones are in Glyfada, Vouliagmeni, Varkiza, Nea Makri, Crysti Akti (Golden Coast), Lagonisi, Kavouri and Alimos. Thanks to the 2004 Olympic Games, Athens has been much improved and modernized to accommodate tourists, while keeping its historical charm.



Athens is a city that is great to walk around and tour the sites. When in Athens, one can often see the how its rich culture has affected civilization all over the world. No other city has contributed more to the civilization of mankind than Athens. It is the place where Socrates was born, Plato, Aeschylus, Sophocles, Euripides and many others. It is the place that humanism and democracy were born. The intellectual light that Athens created will always be alive.

THESSALONIKI, GREECE



Thessaloniki, Greece is the capital of the Greek Macedonia area and the second largest city in Greece, after Athens. It is an important cultural, industrial, commercial and educational center, and its port is one of the busiest in the country. Thessaloniki was founded in 315 BC, and the name of the city is taken after King Cassander's wife, Thessalonica, sister of Alexander the Great. Thessaloniki was first a city based in the Kingdom of Macedon, and soon after its founding, a parliament was established in representation of the king. In the 2nd century BC, the Roman era in the history of Thessaloniki began with the fall of Macedon in 168 BC. It would soon become an important hub for trade within the Roman Empire, due to its location along trade routes connecting Europe with Asia.

Thessaloniki is a big city with an almost college town feel, like Boston or Austin, but Greek. There are not a large number of ancient ruins within the city but there are enough Roman and Byzantine sites to keep any visitor occupied and plenty of museums. Some of the most visited sites are the Roman Baths, the Galerian Arch, and The Rotonda. Along with the local sites, Thessaloniki boasts some of Greece's most beautiful beaches and seaside stretches.



The city was rebuilt in the 1920s and today Thessaloniki is a lively modern city bustling with life and movement. Large avenues, parks and squares, lines of trees that frame commercial streets with showy shop windows. Old houses, neoclassical buildings, stand side by side with modern dwellings which makes a walk through any section of the city an interesting journey. The main squares are Platia Elefterias and Platia Aristotelous, both on the waterfront and alive with cafes and restaurants, children playing or people just strolling.

PAYMENT AND TRIP INFORMATION

COST

- The price of the trip is \$4,750. The cost of the trip will include the following: European airfare, bus and train transportation, meals, lodging, and sightseeing. **Flights, if necessary, to our initial meeting point at JFK airport are not included.**
- Once overseas, participants will need money for any personal purchases they desire.
- At the time of registration, participants will need to put down a non-refundable deposit of \$2,000. This is absolutely necessary to attain a roundtrip ticket between New York and Greece.

SUPERVISION

- Participants will be with the Elite Global coaching staff and Neil Hueston, the camp manager. This will bring the adult to participant ratio to roughly 5-to-1.

HOTELS

Hotel Name	Best Western Museum Hotel	Apollo Sports Hotel
Dates of Stay	8/3- 8/5, 8/10	8/6 - 8/9
Address	16 Bouboulinas, Athens 10682, Greece	Lakkoma Haikidkis Zip Code. 63 080
Phone # if calling from USA	30-210-38-05611	30-239-90-20222
Website	www.bestwestern.com	www.apollosports.gr

TRAVEL WITHIN GREECE

- Travel between Athens and Thessaloniki will be by train, the Greek State Railway.
- Travel in each respective city will be at the discretion of the Elite Global staff. Transportation will range from private shuttles and taxis to public transit.

ELITE GLOBAL REGISTRATION & APPLICATION

Camper's Last Name **First Name**

Street Address **City**

State **Zip Code**

Home Phone **Mobile Phone**

Email **Date of Birth**

Position **Team** **Coach**

Roommate Request (Optional)

Person Paying (Name on Credit Card)

Address (If different)

Home Phone **Mobile Phone**

Visa MasterCard American Express

Full Payment Deposit

Credit Card Number **Exp. Date**

******PLEASE FAX THIS FORM TO 415.750.8018 AFTER COMPLETING******

CODE OF CONDUCT AGREEMENT

Your signature below constitutes your acknowledgement that you have read and will abide by the Code of Conduct Agreement while training, traveling, or competing as a member of the team.

WE AGREE THAT:

1. On the trip, a nightly curfew will be established and observed.
2. All meetings, training sessions, etc., will be attended and athletes are expected to be on time.
3. There will be no possession or use of any illegal drugs, alcohol, or tobacco products.
4. Any physical damage occurring in a hotel room shall be paid for by the registered occupant(s).
5. There will be no unacceptable behavior. This includes, but is not limited to:
 - a. Committing an act, which would be considered an offense under the laws of the United States, the host countries or United States Water Polo.
 - b. Gross misbehavior and unsportsmanlike conduct.
 - c. Disrespect to coaching staff

Persons present while any of these prohibited activities occur must leave immediately or will be considered a participant by choice. Any person observing or having knowledge of any activity, which may result in serious bodily harm, must report such activity to the team staff immediately. These requirements will be in effect from the time the team is assembled for the trip on August 8, 2009 until returning home on August 17, 2009.

Violations of the preceding may entail, depending upon the circumstances, the following:

1. Full or partial restriction of participation in activities on the trip.
2. Removal from the team and sent home at parent's expense.
3. Assessment of fine to cover any damage caused by player.
4. Any combination of the above.

I agree to abide by the above Code of Conduct Agreement and accept the penalties, if any violation of the Code occurs.

Signature of Team Member

Date

I, _____ parent or guardian of
_____ do hereby consent, on behalf of myself, to my son/daughter being under the auspices of all coaches and staff during the trip. I consent to my daughter's/son's full participation on the Team and agree to be held accountable for all costs, or damage for which my daughter/son is responsible. I agree to pay all costs arising from any disciplinary action, including all expenses listed above.

Signature of Parent or Guardian

Signature of Parent or Guardian

Date

Date

TRAVEL AUTHORIZATION FORM

I, _____ and _____
hereby allow my son/daughter, _____ a minor, to
participate in the training and competition in Greece.

I also authorize and direct the staff or attending physician, at any time during the trip, to render such medical care or assistance, as they in their sole discretion deem necessary for the preservation of the health of my son.

This authorization commences on August 8, 2009 and expires on August 17, 2009.

Signature of Parent or Guardian

Signature of Parent or Guardian

Date

Date

ATHLETE INFORMATION SHEET	
BACKGROUND INFORMATION	MEDICAL INFORMATION
Name:	Height: Weight:
Address:	Blood Type:
City:	Allergies:
State: Zip:	
Telephone: ()	
Date of Birth: Age:	
Birthplace:	Asthma:
Hometown:	Tetanus Shot:
Hometown Newspaper:	Medication:
Social Security Number:	
Passport Number:	
	Dietary Restrictions:
PARENT INFORMATION	
Father's Name:	
Mother's Name:	Significant Medical History i.e. Diabetes, major surgery, etc?
Address:	
City:	
State: Zip:	
Hometown Telephone:	
Business Telephone:	
Fax Number:	
E-Mail Address:	Attach Copy of Medical Insurance Information:
	Carrier:
	Address:
	City/State/Zip:
	Telephone:
	Certificate No.:
	Group No.:
	Coverage Code:
	Subscriber's Name:
Club Team Coach:	
High School Coach:	Telephone:
	Telephone:

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

This document affects your legal rights. You should read it and understand it before signing it.

In consideration for participating in Elite Global’s water polo trip to Greece between August 8, 2009 and August 17, 2009, I hereby waive, release, and discharge all claims for damages for death, personal injury, or property damage which I (or my child) may have, or which hereafter may accrue to me, against Elite Global, its staff and affiliates as a result of my (my child’s) participation in any way in this event.

I understand that accidents and injuries can arise out of participating in this event; risks include but are not limited to; broken bones, sprained or strained ligaments, muscles, or tendons; joint dislocations; abrasions, contusions, lacerations, various back, head injuries; neck, and spinal cord injuries; and death. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or Entities mentioned above who (through negligence or carelessness) might otherwise be liable to me/my child (or my heirs or assigns) for dangers. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. It is further understood and agreed that this waiver, release, and assumption of risk shall be construed in accordance with the laws of the State of California. This waiver and release specifically embraces each and every part of this event.

In signing this release, I acknowledge and represent that I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it, and sign it voluntarily as my own free act and deed; no oral representation, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have hereunto set my hand on this day of 2009.

Name of Participant (print)/Name of Parent or Legal Guardian if under 18 years of age (print)

Participant’s Signature or Parent/Legal Guardian’s Signature and Date

Participant’s Street Address or Parent/Legal Guardian’s Street Address, City State Zip

WITNESS: Printed Name and Date and Signature